

# MICHELLE GIL

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## PROFESSIONAL SUMMARY

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Results-driven professional with 4 years of experience in public health research and program management. Demonstrated expertise in data management, including collection, cleaning, and analysis, with a proven ability to handle complex and diverse research initiatives. Skilled in participant recruitment, regulatory compliance, and cross-cultural research, with a strong track record of adapting to dynamic environments and driving impactful outcomes. Adept at leveraging data to inform decision-making and enhance program effectiveness.

## SKILLS

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Participant Recruitment	Survey Design and Administration	Strong Communication Skills
Data Collection & Data Entry	Field Research Experience	Office Administration
Data Cleaning & Management	Team Collaboration	Records Management
Data Analysis	Client/Public Engagement	Document/Report Preparation
Program Management	Adaptability/Flexibility	Problem-Solver/Critical Thinker
IRB Writing & Submission	Ethics in Research	Microsoft Word
SPSS	QuestionPro	Microsoft Excel
Bilingual in Spanish and English	RedCap	Microsoft PowerPoint
Field Research	Collaboration	Mentorship and Coaching

## EDUCATION

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**Ph.D. Interdisciplinary Health Sciences (August 2025 – present)**  
University of Texas at El Paso

**Master's in Public Health (August 2023 – December 2025)**  
Practicum Experience – Health Communication & Risk Perception (HCRP) Lab  
University of Texas at El Paso

### **Non-Degree Seeking Student (January 2023 – May 2023)**

University of Texas at El Paso

### **Bachelor of Science in Public Health (January 2020 – December 2022)**

Practicum Experience – Health Communication & Risk Perception (HCRP) Lab

University of Texas at El Paso

### **Associate's in Multidisciplinary Studies (August 2019 – December 2019)**

El Paso Community College (EPCC)

## **RESEARCH PROJECT INVOLVEMENT**

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- RADx-Up  
January 2023 - August 2024
- CPRIT  
January 2024 – August 2024
- NIH  
May 2022 – January 2023
- CPRIT  
October 2024 – Present

## **RESEARCH EXPERIENCE**

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UTEP, El Paso, Texas

### *Prostate Cancer Screening Study among Mexican-Origin Hispanic Men*

The focus of the study is to increase prostate cancer screening rates among Mexican-origin Hispanic men (MoH) in El Paso County through health communication, tailored interventions, and randomized control trials (RCTs).

Graduate Research Assistant

**2024 – Present**

**Skills acquired:** Mixed Methods Research, Survey Design & Focus Group Facilitation, Bilingual Health Message Development, Participant Recruitment, RCT Implementation, Data Analysis (Quantitative & Qualitative)

- Designed and administered surveys to assess prostate cancer screening attitudes, barriers, knowledge, and intentions to screen among MoH men, incorporating bilingual (English/Spanish) content.

- Led participant recruitment efforts using community health workers (CHWs) and snowball techniques to engage Hispanic men aged 50+ in El Paso County, facilitating bilingual focus groups.
- Developed culturally competent, bilingual (English/Spanish) prostate cancer health messages in collaboration with a public relations firm to address cultural factors like machismo and fears of screening.
- Assisted in the implementation of a randomized control trial (RCT) to test the efficacy of tailored health messages on increasing screening intentions among MoH men, including survey administration and data collection.
- Analyzed quantitative and qualitative data using SPSS, performing regression analyses, Chi-square, t-tests, and ANOVA to examine correlations and test hypotheses related to prostate cancer screening behaviors.
- Collaborated on research meetings, IRB submissions, and ensured participant compensation, while adhering to ethical research protocols and managing study logistics.

UTEP, El Paso Texas

*Health Communication and Risk Perception (HCRP) Laboratory*

The primary focus of research is on health communication, risk perception, and cancer disparities among the Hispanic community with various research topics that include infectious diseases, vaccine acceptance/uptake as well as licit and illicit drug use.

Master's Research Assistant

**2023 – 2024**

**Skills acquired:** Survey Design and Administration, Participant Recruitment & Spanish Proficiency, Project Management & Troubleshooting, Data Collection & Cleaning, Team Collaboration

- Designed and administered surveys to assess language barriers associated with COVID-19 antigen rapid tests, focusing on increasing access through community distribution and improving clarity via bilingual instructional videos disseminated on YouTube. Evaluated the impact on self-efficacy through participant-reported ease of self-testing.
- Led participant recruitment efforts, including direct communication in both English and Spanish, to engage a Hispanic-majority community sample for studies on HPV-related knowledge, attitudes, and trusted sources of vaccine information.

- Developed bilingual study instruments (e.g., COVID-19 self-test instructions in video and print formats), and actively managed data collection, cleaning, and analysis to ensure accuracy and reliability.
- Led project management tasks, troubleshooting logistical challenges and maintaining consistent communication with the research team throughout the project to ensure smooth execution of study protocols.
- Participated in research meetings involving study procedures, IRB submissions, and contributed to the distribution of participant compensations while overseeing lab equipment and procedural compliance.

Research Assistant

**2022 – 2022**

**Skills acquired:** Survey Design and Administration, Data Analysis and Interpretation, Data Management & Confidentiality, Research Protocol Compliance, Project Management, Team Collaboration, Community-Based Research

- Investigated factors and assessed attitudes and beliefs related to HPV and COVID-19, including vaccine acceptance/uptake, and identified trusted sources of vaccine information (e.g., healthcare providers, family members, community leaders, and health authorities) within a community-based research context.
- Developed and administered study instruments, such as survey questionnaires, ensuring data integrity and maintaining confidentiality of participants' information throughout the research process. Collaborated with the lab team to analyze and interpret data, generating reports and documentation in line with the lead researcher's standards.
- Managed and maintained accountability for lab equipment and procedures, ensuring adherence to research protocols and supporting smooth project execution.

UTEP Research Student for Phylogenetics & Taxonomy

**2020 – 2020**

The primary focus of research is to conduct laboratory investigations to examine, and analyze specimens, and discover through examination of various amphibian species in the collection.

**Skills acquired:** Laboratory Investigations, DNA Analysis, Data Management and Documentation, Analytical Techniques, Attention to Detail, Compliance and Accountability

- Conducted DNA Analysis by utilizing polymerase chain reaction (PCR) techniques to amplify DNA fragments, enabling detailed analysis of genetic relationships and species boundaries among amphibians and reptiles.
- Handled and maintained research data, ensuring confidentiality and accuracy. Developed comprehensive reports and documentation in accordance with research standards. Oversaw the proper use and maintenance of lab equipment and adherence to research protocols.

## POSTER & PROFESSIONAL PRESENTATIONS

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- Gil, Michelle., Oralia, Loza., Stone, Amy L., Robinson, Brandon Andrew., (2025, September). "Gender and Ethnic Differences in Mental Health Outcomes in Sexual and Gender Minority (SGM) Youth and Young Adults in Texas and California, 2022-2024." Poster Presentation, University of Texas at El Paso – EPNG.
- Gil, Michelle., Gbugu, Uchenna O., Mancera, Bibiana., & Fietze, Gabriel., (2024, August). "COVID-19 Antigen Rapid Test: A Bilingual Intervention to Increase Self-Efficacy and Intentions." Poster Presentation, University of Texas at El Paso - Health Sciences and Nursing Building Lobby.
- Gil, Michelle., Herrera, Elida., Martinez, Alyssa., & Fietze, Gabriel., (2022, November). "Understanding COVID-19 Immunization Perceptions." Poster Presentation, University of Texas at El Paso - Health Sciences and Nursing Building Lobby.
- Herrera, Elida., Gil, Michelle., Martinez, Alyssa., & Fietze, Gabriel., (2022, November). "Human Papillomavirus (HPV) Vaccine Perceptions: The Role of Family Attitudes and Opinions." Poster Presentation, University of Texas at El Paso - Health Sciences and Nursing Building Lobby.

## PUBLICATIONS

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- Gbugu, Uchenna Osuagwu, Michelle Gil, Bibiana Mancera, Tadesse Abegaz, and Gbugu, U. O., **Gil, M.**, Mancera, B., Abegaz, T., & Fietze, G. A. Bilingual Digital Health Intervention to Improve COVID-19 Self-Testing Intentions Among Hispanic Adults. *Frontiers in Public Health*, 13, 1662987.
- Martinez, A. A., **Gil, M.**, Shastri, S. S., & Fietze, G. A. (2025). Exploring Trusted Sources of HPV Vaccine Information Among Mexican American Parents in El Paso, Texas. *International Journal of Environmental Research and Public Health*, 22(1), 69. <https://doi.org/10.3390/ijerph22010069>
- **Gil, M.** (2025). Gender and Ethnic Differences in Mental Health Outcomes in Sexual and Gender Minority (SGM) Youth and Young Adults in Texas and California, 2022–2024 (Master's thesis, The University of Texas at El Paso).

- Martinez, A. A., **Gil, M.**, Shastri, S. S., & Fietze, G. A. (2025). Trusted Sources of Human Papillomavirus Vaccine Information Among Mexican American Parents Living on the U.S./Mexico Border. Target Journal: BMC Public Health
- Fietze, G. A., Xu, C., Mancera, B., Robles-Escajeda, E., Martinez, A. A., **Gil, M.**, Flores, D. P., Begum, K., Liang, P., Mandal, A., Nsiah-Nimo, M., Sanyal, N., Leung, M.-Y., Kenney, M. J., & Kirken, R. A. (2025). Exploring Socio-Behavioral Correlates of Metabolic and Inflammatory Risk in a University Sample Residing Along the U.S./Mexico Border: A Pilot Study Concomitantly Collecting Survey Data, Blood and Hair Samples, and Physical Measures. International Journal of Environmental Research and Public Health, 22(4), 647. <https://doi.org/10.3390/ijerph22040647>

## **CERTIFICATIONS**

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- Certified Health Education Specialist (CHES)
  - **October 2022 – present**
- NASM Certified Personal Trainer (CPT)
  - **Pending**
- NASM Certified Nutrition Coach (CNC)
  - **Pending**
- NASM Corrective Exercise Specialist (CES)
  - **Pending**

## **PROFESSIONAL AFFILIATIONS**

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- Students for Public Health Professional Organization Member  
**November 2022 – present**
  - President 2023 – 2024
- ETA SIGMA GAMMA National Professional Health Science Honorary Member  
**November 2022 – present**
  - Vice-President 2023 – 2024
- Bring Awareness to Mental Health Organization Member  
**March 2023 – present**
- American Conservation Coalition Member  
**March 2023 – present**

## **ADDITIONAL AFFILIATIONS**

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Abundant Church

- Faith Moves Mountains Hiking Group  
Co-Leader  
**June 2023 – present**

## CERTIFICATES

- Human Subjects Research, Social Behavioral Researchers Collaborative Institutional Training Initiative (CITI Program)  
**June 5, 2024 – June 5, 2027**
- Administering NARCAN Training  
**May 3, 2024**
- Alere Cholestech LDX Online Training  
**August 7, 2023**
- Social, Behavioral, and Education Sciences Responsible Conduct of Research Collaborative Institutional Training Initiative (CITI Program)  
**May 11, 2022 – May 10, 2026**
- COVID-19 Contact Tracing Certificate  
COURSERA Certificate  
**September 16, 2022**
- Infectious Disease Transmission Models for Decision-Makers  
COURSERA Certificate  
**September 17, 2022**
- Measuring and Maximizing Impact of COVID-19 Contact Tracing  
COURSERA Certificate  
**September 23, 2022**
- COVID Vaccine Ambassador Training: How to Talk to Parents  
COURSERA Certificate  
**September 29, 2022**
- Strategies for Senior Housing Communities during COVID-19  
COURSERA Certificate  
**September 29, 2022**
- Strategies for Assisted Living Communities during COVID-19  
COURSERA Certificate  
**October 11, 2022**

## VOLUNTEER EXPERIENCE

- Abundant Church Special Events (Kids Check-in, nursery, CG for Youth)
- Love Your Block
- Trans Visibility Day
- Picks Up for Public Health – National Public Health Week
- Flu Clinic at UTEP

- H.O.P.E+ Fair
- Food Pantry at Kelly Center for Hunger Relief
- Compassionate Care Fair
- El Pasoan's Fighting Hunger Food Bank
- SISD Mother-Daughter Conference at Eastlake Highschool
- Center Against Sexual and Family Violence (CASFV)
- Girls & Boys Club of El Paso
- Compadres Therapy
- Earth Fair
- Rescue Mission BBQ
- Compassionate Care Fair
- Recovery Rally
- Heroes Night
- Minerpalooza
- Prime Culture
- Prime Youth
- Sensory & Friendly Trunk-or-Treat
- Christmas Giveaway

## **AWARDS, HONORS, & RECOGNITION**

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- Dean's List – For Academic Achievement  
**Spring – Fall 2020**  
**Spring – Fall 2021**  
**Spring – Fall 2022**
- Certificate of Acknowledgement Volunteering Award  
 Homefree. Outreach. Prevention. Education. Initiative Health Fair (H.O.P.E. + Initiative)  
**October 22, 2022**
- Abundant Recovery  
**Fall 2024**

## SCHOLARSHIPS

- Paula Ford Endowed Scholarship
  - **August 2024**
- Sandy Tyler Endowed Fellowship in Health Sciences
  - **August 2024**

## GENERAL WORK EXPERIENCE

Abundant Church, El Paso, Texas

*Intern Coach*

*2023 – present*

**Skills acquired:** Mentorship and Coaching, Leadership, Communication, Personal and Spiritual Development, Collaboration, Community Building, Problem-Solving, Professional Growth

- Provide mentorship and support to interns, guiding their spiritual and professional growth within the ministry. Act as a liaison between interns and staff, facilitating open group discussions on assignments and projects while promoting the church's values and culture.
- Assist interns in their spiritual formation and personal development, helping them identify and cultivate their gifts and strengths. Support the creation of actionable suggestions to enhance various ministry areas.
- Collaborate with staff members, volunteers, ministry leaders, and pastors to improve ministry practices and foster a strong sense of community. Lead efforts to deepen members' connection with God through teaching and nurturing both spiritual and professional growth.

Abundant Church, El Paso, Texas

*Intern – PRIME Culture*

*2023 – present*

**Skills acquired:** Event Support and Coordination, Community Engagement, Team Collaboration, Leadership and Professional Development, Interpersonal Skills, Practical Contribution

- Serve to create a welcoming environment for young adults (ages 20s-30s) by actively participating in the PRIME young adult ministry. Support Abundant Church ministries and staff with tasks such as setting up and tearing down event spaces, providing snacks and drinks to volunteers during events, and sharing information about PRIME Culture, including meeting times and ways to stay connected.
- Collaborate with team members and assist other teams to ensure smooth event execution and a positive experience for attendees.

- Apply leadership skills and training from development sessions to enhance personal spiritual formation and professional growth. Identify and cultivate personal gifts and strengths and foster strong interpersonal relationships within the ministry.
- Contribute to the ministry by offering practical suggestions for improvement, working closely with church staff, volunteers, ministry leaders, intern coaches, and pastors to support and advance the ministry's goals.

UTEP & EPISD, El Paso, Texas

*America Reads Tutor*

2022 – 2022

**Skills acquired:** Tutoring and Instruction, Curriculum Support, Collaboration, Role Modeling, Communication

- Provided tutoring to preschool and elementary school-aged children (Pre-K/Kinder – 5th grade) in reading and mathematics, aiming to improve literacy and academic development.
- Conducted one-on-one sessions, small group work, and class activities to enhance students' proficiency in reading and math.
- Collaborated with school supervisors, teachers, and after-school program coordinators to assess student needs and tailor support strategies.
- Served as a positive role model, promoting a supportive learning environment both inside and outside the classroom.

WALMART, El Paso, Texas

*Customer Service Manager (CSM) Assistant*

2021 – 2023

**Skills acquired:** Leadership and Management, Data Management, Report Preparation and Automation, Quality Control, Coordination and Communication

- Promoted through a series of progressive roles due to demonstrated leadership abilities, commitment to overcoming challenges, and exceeding organizational goals. Recognized for driving operational success and efficiency.
- Prepared official reports and maintained sensitive information in accordance with security, record handling, and retention protocols. Coordinated with team members and management to ensure effective data collection and reporting processes.

- Reviewed electronic records and designed automated reports to capture key data components. Performed quality control checks to ensure documents were complete, accurate, and met organizational standards.

WALMART, El Paso, Texas

*Front-End Department / Register*

2020 – 2023

**Skills acquired:** Customer Service Excellence, Operational Forecasting, Training and Development, Team Management, Efficiency and Resource Management

- Served as the primary interface for managing efficient and high-quality customer service. Prepared operational forecasts for supply requirements to optimize resource use and maintain operational readiness.
- Demonstrated expertise in customer service by providing guidance and information, completing tasks efficiently, and ensuring high levels of customer satisfaction.
- Managed the support, training, and development of newly hired team associates, including operational activities, regulatory compliance, and work assignments. Oversaw staff professional development to ensure adherence to organizational standards and expectations.

EPCC, El Paso Texas

*Front-Desk Receptionist*

2019 – 2019

**Skills acquired:** Supply and Inventory Management, Confidentiality and Record Handling, Customer Service, Equipment Oversight, Training and Support

- Managed a wide range of supply management, inventory control, and order fulfillment tasks to support campus operations and the Office of Recruitment Services.
- Maintained confidentiality of sensitive information, including identification cards, personal/company checks, credit/debit cards, and cash. Provided up-to-date information on campus and off-campus events to students and faculty.
- Oversaw the handling, quality, maintenance, and accountability of equipment. Managed training on office operations for the Recruitment Services Office.

PEOPLECARE, El Paso, Texas

*Personal Care Giver Assistant*

2018 – 2019

**Skills acquired:** Risk Management and Safety, Planning and Organization, Client Engagement, Operational Efficiency, Training and Development

- Planned, supervised, and managed system implementation, maintenance, and operational readiness for engaging client presentations and activities.
- Conducted risk management analysis to ensure a safe facility environment. Prepared and delivered training on safety guidelines, adhering to company and building requirements.
- Developed and executed current and long-term plans for client readiness, training, and outings. Assessed needs and created solutions to improve operational efficiency and client satisfaction.

PRIVATELY OWNED APARTMENTS, El Paso, Texas  
*Apartment Manager*

2014 – 2017

**Skills acquired:** Office Clerical Support, Supply and Inventory Management, Tenant and Building Operations, Maintenance and Procedure Development, Security and Compliance

- Provided comprehensive office clerical support, managing all accounting and data records, drafting reports and correspondence, and processing tasks to support unit functions. Maintained critical supply records and managed inventory, ensuring proper supply management and security.
- Supervised and managed tenant records and building operations, including receipts, storage, distribution, and maintenance of records for parts, equipment, and hazardous materials. Coordinated security and accountability for tenant rental contracts and equipment, implementing protective measures for stored items.
- Advised and assisted in the tenant rental application process, and developed, planned, and implemented maintenance and court procedures to ensure effective management and compliance.

#### **ADDITIONAL GENERAL WORK EXPERIENCE**

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- Roca Fitness Gym
- Peter Piper Pizza
- Tropical Smoothie
- Food trucks
- Door dash